

WEEK 1	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESEME	SOYA	SULPHUR DIOXIDE
C = CONTAINS M = MAY CONTAIN														
MONDAY														
Chicken Lasagne	M	C		C			C							
Soya Lasagne	M	C		C			C						C	
Garlic bread		C					C						C	
Marshmallow cone		C					C						C	C
Tuesday														
Chilli Con Carne	M													
Soya Chilli Con carne	M													
rice														
cheese & nachos							C							
pineapple sponge/custard		C		C			C							
WEDNESDAY														
Marinated chicken														
sweet potato fries														
Quorn burger		C		C			C							
milk chocolate cookie		C		C			C						C	
Burger roll		C											C	
THURSDAY														
Roast Pork														
Stuffed Courgette	M													
Roast Pots														
stuffing balls		C												
veg														
Fresh fruit salad														
FRIDAY														
Fish Fingers		C		C										
chips														
fishless fingers		C												
baked beans														
fruit crumble with cream		C		M			C						M	
DAILY														
Grated Cheese							C							
Tuna mayo				C	C				M					
Spaghetti Hoops														
Fruit Pieces														
Yoghurt							C			M	M			

WEEK 2 C = CONTAINS M = MAY CONTAIN	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESEME	SOYA	SULPHUR DIOXIDE

MONDAY

Pasta bolognaise	M	C												
soya bolognaise	M	C											C	
focaccia bread		C					M					M	M	
strawberry mousse							C							

TUESDAY

jamie Olivers pizza	C	C					C						M	
pizza Maghearita	C	C					C						M	
italian salad														
orange & cinnamon sponge		C		C			C							

WEDNESDAY

Burger		C					C		C					C
cheese							C							
falafel burger		C		C						M				C
onion rings		C												
Potato wedges		C												
Ambrosia custard							C							

THURSDAY

Ham														
macaroni cheese		C					C							
veg														
garlic bread		C					C							C
roast potatoes														
Fresh Fruit Salad														

FRIDAY

Cod fillet		C		C										
garlic dough balls		C												
wallace & gromit pasta		C												
Tomato sauce	M													
chips & peas														
Apple Pie with custard		C		C			C							

DAILY

baked beans														
coleslaw									M					
grated cheese							C							

WEEK 3	CELERY	CEREALS	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESEME	SOYA	SULPHUR DIOXIDE
C = CONTAINS M = MAY CONTAIN														
MONDAY														
Sweet & Sour Chicken	M													
sweet & sour veg	M													
rice														
Prawn crackers			C											C
star wars biscuit		C		C										C
TUESDAY														
sausages		C												C
veggie sausage	C	C								M				
breakfast sausage														
peas														
swiss roll														
WEDNESDAY														
Pasty		C		C			C							C
sliced potatoes														
vegeatble pasty		C					C							
baked beans														
muller corner							C							
THURSDAY														
chicken wrapped in bacon														
roast potatoes														
vegetable tart	M	C		C			C							C
gravy														
fresh fruit salad														
FRIDAY														
fish fingers		C			C									
quorn bites		C		C										
baked beans														
ring doughnuts		C		C			C							C
squirty cream							C							
DAILY														
grated cheese							C							
bbq sausage		C												C
spaghetti hoops														
gravy														
butter							C							

